BUILDING BLOCKS FOR ENGAGING NEWCOMER VOLUNTEERS:

A GUIDE FOR ORGANIZATIONS

















Acknowledgements

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APPRECIATION TO THE MANY ORGANIZATIONS AND GOVERNMENT DEPARTMENTS THAT HAVE CREATED EXCELLENT RESOURCES TO STRENGTHEN **NEWCOMER ENGAGEMENT, ESPECIALLY:**

The Calgary Chamber of Voluntary Organizations The Institute for Canadian Citizenship United Way Windsor-Essex Volunteer Ottawa Statistics Canada National Post

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THIS RESEARCH AND RELATED RESOURCES CAN BE ACCESSED BY VISITING www.getvolunteering.ca

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Building Blocks For Engaging Newcomer Volunteers

INTRODUCTION

Engaging newcomers¹ in building communities, through volunteering and citizen engagement, calls for welcoming organizations, supportive practices and intentional outreach. Organizations can tap into rich experiences, skills and cultural competencies while newcomers connect to their communities, gain Canadian experience and develop new skills. Everyone benefits – organizations have greater capacity, communities are more inclusive and people have the opportunity to grow and shape their society.

Yet there are some challenges for newcomers to get involved in community organizations. In fact, many immigrants who have lived in Canada for more than 10 years are still experiencing barriers to participation because of attitudes, structures and practices.

A wealth of excellent material has been developed to help communities and engage newcomers meaningfully. Organizations have asked for a broadly accessible guide that consolidates current information and links organizations to practical tools and resources. **Building Blocks for Engaging**Newcomer Volunteers builds upon the rich experiences and expertise in the non-profit and voluntary sector to support inclusive community engagement strategies, organized into six sections:

1 Information about Newcomers to Canada...2 Volunteering Patterns Among Newcomers...3 Creating Welcoming Organizations...4 Supportive Practices...5 Intentional Outreach...6 References...

4











01. Newcomers to Canada

Canada's cultural vibrancy and economic prosperity is built upon people who have chosen to make a new home in Canada. One out of five Canadians were born outside of Canada² and immigration now accounts for close to 80% of Canada's population growth.³ Each year, approximately 250,000 people come to Canada, as refugees and landed immigrants, settling in communities around the country. Most settle in urban settings, with the majority being in Montreal, Toronto and Vancouver, where 35% of Canada's population lives. Rural and smaller urban centres are beginning to create initiatives to attract newcomers to their communities.

Canada's immigrants come from more than 200 countries from Asia, Europe, Americas and Africa. The diagram on the following page, developed by the National Post in February 2012, illustrates where immigrants to Canada come from and where they settle. The chart on page 6 provides a breakdown of how many immigrants have settled in cities, in each province and territory.



² Statistics Canada, Overview and Facts About Immigration

³ Statistics Canada, http://www.statcan.gc.ca/kits-trousses/issues-enjeux/c-g/edu01c_0002c-eng.htm, accessed May 2012

NATIONAL POST, FEBRUARY 2012







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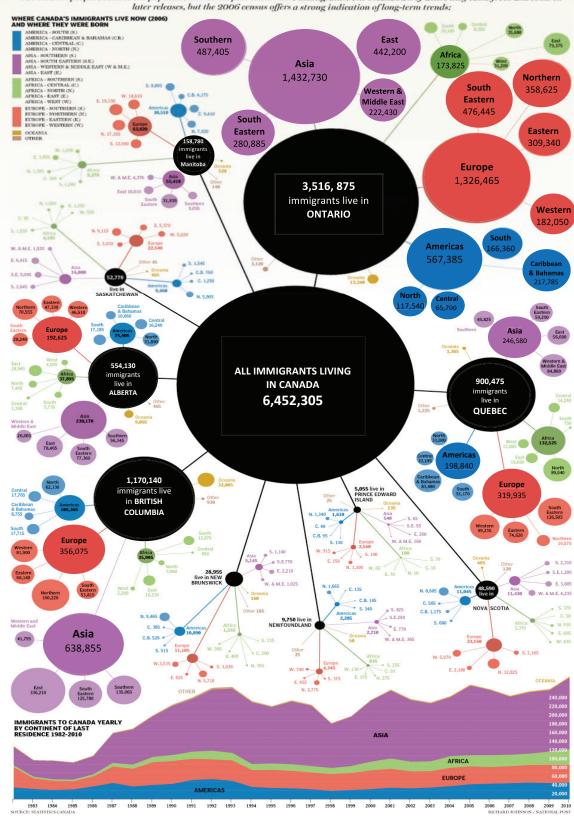
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THE HOMELANDS & HOMES OF NEW CANADIANS

The 2011 census released this week revealed Canada's G8-leading 5.9% growth rate is largely due to immigration – two-thirds of the nearly two million people added to the population since the past census were immigrants. The breakdown of where they came from will come in later releases, but the 2006 census offers a strong indication of long-term trends:











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PRELIMINARY TABLES – Permanent residents by province or territory and urban area, 2006-2010*

| Urban area | 2006 | 2007 | 2008 | 2009 | 2010* |
|---------------------------------|--------|--------|--------|--------|--------|
| St. John's | 397 | 380 | 481 | 454 | 493 |
| Other Newfoundland and Labrador | 111 | 166 | 135 | 149 | 188 |
| Newfoundland and Labrador | 508 | 546 | 616 | 603 | 681 |
| Charlottetown | 490 | 900 | 1,360 | 1,630 | 2,493 |
| Other Prince Edward Island | 75 | 92 | 83 | 93 | 88 |
| Prince Edward Island | 565 | 992 | 1,443 | 1,723 | 2,581 |
| Halifax | 1,966 | 2,023 | 2,057 | 1,792 | 1,803 |
| Other Nova Scotia | 620 | 500 | 594 | 632 | 605 |
| Nova Scotia | 2,586 | 2,523 | 2,651 | 2,424 | 2,408 |
| Saint John | 547 | 523 | 560 | 585 | 655 |
| Fredericton | 486 | 409 | 544 | 493 | 563 |
| Moncton | 262 | 345 | 365 | 479 | 424 |
| Other New Brunswick | 351 | 366 | 387 | 356 | 483 |
| New Brunswick | 1,646 | 1,643 | 1,856 | 1,913 | 2,125 |
| Montréal | 38,401 | 38,684 | 38,882 | 42,531 | 46,460 |
| Québec | 1,800 | 2,076 | 2,033 | 2,364 | 2,629 |
| Ottawa-Gatineau (Québec part) | 1,020 | 1,125 | 1,155 | 1,199 | 1,536 |
| Sherbrooke | 1,103 | 1,016 | 1,046 | 993 | 1,148 |
| Trois-Rivières | 343 | 305 | 274 | 376 | 314 |
| Other Québec | 2,017 | 1,994 | 1,829 | 2,028 | 1,894 |
| Québec | 44,684 | 45,200 | 45,219 | 49,491 | 53,981 |
| Toronto | 99,289 | 87,139 | 86,900 | 82,637 | 92,181 |
| Ottawa-Gatineau (Ontario part) | 6,279 | 5,798 | 6,286 | 6,297 | 7,173 |
| Hamilton | 4,036 | 3,680 | 3,806 | 3,778 | 4,004 |
| Kitchener | 3,321 | 3,205 | 2,914 | 2,823 | 3,058 |
| London | 2,979 | 2,459 | 2,338 | 2,464 | 2,938 |
| Windsor | 2,781 | 2,215 | 1,951 | 1,892 | 1,836 |
| St. Catharines-Niagara | 1,599 | 1,384 | 1,235 | 1,114 | 1,259 |
| Oshawa | 745 | 859 | 734 | 799 | 759 |
| Guelph | 774 | 705 | 751 | 630 | 613 |
| Kingston | 415 | 378 | 416 | 396 | 437 |
| Barrie | 427 | 404 | 357 | 418 | 358 |
| Thunder Bay | 180 | 145 | 142 | 122 | 155 |
| Sarnia | 157 | 169 | 139 | 127 | 153 |
| Peterborough | 161 | 161 | 152 | 201 | 139 |
| Leamington | 120 | 91 | 116 | 99 | 125 |

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| Urban area | 2006 | 2007 | 2008 | 2009 | 2010* |
|-------------------------------|---------|---------|---------|---------|---------|
| Belleville | 108 | 95 | 126 | 108 | 118 |
| Greater Sudbury | 134 | 138 | 138 | 146 | 116 |
| Other Ontario | 2,387 | 2,291 | 2,377 | 2,808 | 2,694 |
| Ontario | 125,892 | 111,316 | 110,878 | 106,859 | 118,116 |
| Winnipeg | 7,715 | 8,480 | 8,140 | 9,972 | 12,340 |
| Other Manitoba | 2,332 | 2,474 | 3,078 | 3,549 | 3,463 |
| Manitoba | 10,047 | 10,954 | 11,218 | 13,521 | 15,803 |
| Saskatoon | 1,164 | 1,618 | 2,061 | 2,564 | 3,178 |
| Regina | 821 | 910 | 1,406 | 2,058 | 2,567 |
| Other Saskatchewan | 739 | 988 | 1,368 | 2,268 | 1,872 |
| Saskatchewan | 2,724 | 3,516 | 4,835 | 6,890 | 7,617 |
| Calgary | 11,823 | 11,246 | 13,038 | 13,708 | 16,100 |
| Edmonton | 6,444 | 6,540 | 7,517 | 8,508 | 11,007 |
| Wood Buffalo | 320 | 431 | 478 | 681 | 691 |
| Red Deer | 293 | 567 | 676 | 537 | 585 |
| Lethbridge | 268 | 279 | 298 | 483 | 556 |
| Other Alberta | 1,568 | 1,798 | 2,193 | 3,100 | 3,701 |
| Alberta | 20,716 | 20,861 | 24,200 | 27,017 | 32,640 |
| Vancouver | 36,299 | 32,956 | 37,466 | 34,628 | 37,329 |
| Victoria | 1,267 | 1,270 | 1,491 | 1,482 | 1,517 |
| Abbotsford | 1,387 | 1,306 | 1,397 | 1,368 | 1,360 |
| Kelowna | 403 | 531 | 603 | 605 | 592 |
| Nanaimo | 210 | 284 | 245 | 284 | 258 |
| Kamloops | 177 | 168 | 226 | 268 | 228 |
| Prince George | 152 | 142 | 148 | 180 | 175 |
| Chilliwack | 167 | 194 | 199 | 228 | 161 |
| Other British Columbia | 2,021 | 2,110 | 2,217 | 2,397 | 2,556 |
| British Columbia | 42,083 | 38,961 | 43,992 | 41,440 | 44,176 |
| Whitehorse | 56 | 69 | 100 | 156 | 323 |
| Other Yukon | 9 | 14 | 10 | 18 | 27 |
| Yukon | 65 | 83 | 110 | 174 | 350 |
| Yellowknife | 93 | 71 | 110 | 87 | 108 |
| Other Northwest Territories | 5 | 17 | 17 | 20 | 29 |
| Northwest Territories | 98 | 88 | 127 | 107 | 137 |
| Nunavut | 12 | 19 | 50 | 10 | 19 |
| Province/territory not stated | 16 | 52 | 52 | 0 | 2 |
| Total | 251,642 | 236,754 | 247,247 | 252,172 | 280,636 |

^{*} Data for 2010 are preliminary estimates and are subject to change. For 2006-2009, these are updated numbers and may differ from those of Facts and Figures 2009. Source: Citizenship and Immigration Canada, RDM, Preliminary 2010 Data









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02. Volunteering among Newcomers and Longer-term Immigrants

Volunteering changes throughout a person's life cycle and is influenced by people's personal goals, values, family traditions, passions, and personalities¹. An added variable for newcomers is how long they have been in Canada. 39% of immigrants, over 15 years of age volunteer an average of 162 hours per year.² While this rate is lower than those born in Canada (49%), immigrants tend to volunteer more hours annually. Those who have been in Canada for less than 10 years have a slightly higher rate and a higher average number of hours than those who have been in Canada between 10 and 30 years. This is likely due to their availability before they enter the paid labour force, the fact that they are more likely to be in younger age groups, and that they are looking for some of the integration and career development benefits of volunteering. Those who have been in Canada for more than 30 years have a higher volunteer rate (42%) and contribute higher numbers of hours (192 per year). This may be because many in this group are senior adults, retired, and have higher levels of language skills.

WHERE PEOPLE VOLUNTEER: Immigrants are more likely than Canadian born volunteers to volunteer in religious organizations, arts and culture, international organizations, and hospitals. Canadian born volunteers are more likely than immigrants to volunteer in social services, sports and recreation, education and research and health-related causes.

WHY PEOPLE VOLUNTEER: Whether or not someone is born in Canada, people volunteer for similar reasons. Immigrants are slightly more likely to volunteer to contribute to the community, to use skills and experiences and to explore one's own strengths. Canadian born volunteers are more likely than their immigrant counterparts to indicate that they have a personal connection to the cause as their reason for volunteering with the organization.

VOLUNTEER ROLES AND TASKS: The roles and tasks of immigrant volunteers are varied; however, Canadian born volunteers are more likely to take on positions as organizers, fundraisers, coaches and referees. Research also shows that boards of directors in non-profit organizations are not reflective of the diversity of Canadian society or of immigrant involvement. This points to the challenge that many organizations have with involving immigrants in positions of authority and leadership.³

¹ Volunteer Canada (2010). Bridging the Gap – Enriching the Volunteer Experience to Build a Better Future for Our Communities. Research Summary Report, http://volunteer.ca/files/Bridging the Gap English.PDF

² Statistics Canada (2012), Canada Survey of Giving, Volunteering, and Participating

³ Bradshaw, Patricia & Christopher Fredette, (2011), The Inclusive Non-profit Boardroom: Leveraging the Transformative potential of Diversity, The Nonprofit Quarterly



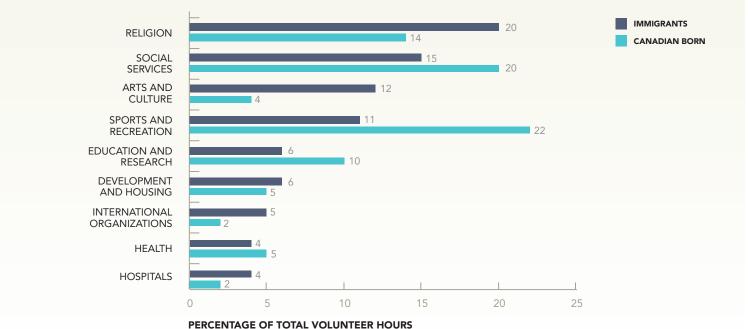






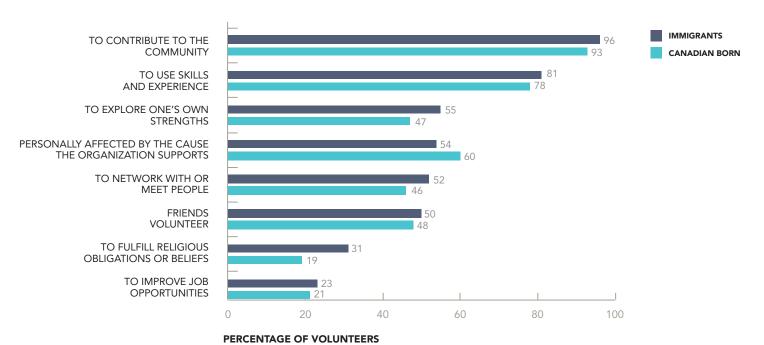
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Percentage of total volunteer hours given to different types of organizations, by immigrant status, volunteers aged 15 and over, 2012



Source: Statistics Canada, Canada Survey of Giving, Volunteering and Participating, 2010.

Reasons for volunteering, by immigrant status, volunteers aged 15 and over, 2012



¹ Reasons for volunteering with the organization to which the volunteer gave the most hours (main organization). Source: Statistics Canada, Canada Survey of Giving, Volunteering and Participating, 2010.











03. Creating welcoming organizations

Aside from assistance provided to find housing, employment, language training, health and social services, settlement and integration workers often recommend volunteering to newcomers as a way to connect to their new communities. Some of the concrete benefits of volunteering include practicing a new language, learning new skills, gaining Canadian experience and making social contacts.

BENEFITS AND OUTCOMES: There are also tangible benefits and outcomes for organizations when attention is paid to creating a welcoming organization. The National Volunteer Skills Centre in Australia identifies the following benefits:⁴

- Widening the pool of potential volunteers
- Volunteers from diverse backgrounds and experiences bring new perspectives
- Raising cultural awareness amongst both paid staff and volunteers
- Strengthening positive relationship with local communities

INTEGRATED HUMAN RESOURCES: A starting point to creating welcoming organizations for newcomer volunteers is to examine the human resource policies and practices for paid employees, student placements, internships and volunteers. The Calgary Chamber of Voluntary Organizations has created a comprehensive resource, *Beyond the Boomers: A Guide for Building and Immigrant Workforce in the Nonprofit Sector* that includes a tool to help organizations review their systems, structures, and culture. The checklist on the following page is an excerpt and the link below will take you to the full document.









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| OUR ORGANIZATION | / | NOTES |
|---|----------|-------|
| Can articulate a business case for engaging newcomers | | |
| Has referenced a commitment to inclusion and diversity in our mission, value statement, or policy | | |
| Has communication materials that depict a multi-cultural organization | | |
| Provides diversity training to staff and volunteers | | |
| Is familiar with Human Rights legislation | | |
| Participates in workshops and policy dialogue regarding diversity and inclusion | | |
| Is familiar with resources available to help organizations become more welcoming to newcomers | | |
| Has a diversity and inclusion strategy | | |











04. Supportive Practices

Organizations have developed a range of supportive practices to engage newcomer volunteers. These include:

- Assessing the language fluency requirements of positions to see what is actually necessary for each task
- Matching a newcomer volunteer with an experienced volunteer to provide one-to-one orientation and training
- Creating bridging opportunities for newcomer volunteers to help them participate in the core services and leadership opportunities

Volunteer Ottawa created a practical tool for organizations, <u>Untapped Resources:</u>

<u>Opportunities for Volunteers with limited English and French Language Skills – A Self-Assessment Tool for Program Managers.</u>









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The Check-list below is adapted from this resource:

| IN OUR ORGANIZATION | / | NOTES |
|--|----------|-------|
| OUTREACH/RECRUITMENT: Communication materials and recruitment process is suitable for potential volunteers with limited English and French Language Skills | | |
| INTAKE: Front-line staff and volunteers are equipped to welcome people with limited English or French language skills and to provide information about volunteer opportunities | | |
| SCREENING: Screening policies and practices are designed with fairness and sensitivity | | |
| ORIENTATION: Group and one-to-one orientation is adapted with translation, interpretation, or non-verbal communication | | |
| INTEGRATION: Volunteers and staff are provided with training and support to effectively integrate newcomer volunteers | | |
| BUDDY SYSTEM: A newcomer volunteer is matched with an experienced volunteer to support orientation, training, and integration | | |
| BRIDGING OPPORTUNITIES: Opportunities are available that progressively develop newcomer volunteers' skills and language fluency. | | |











05. Intentional Outreach

In addition to creating welcoming organizations and supportive practices, actively engaging newcomers as volunteers requires intentional outreach. Forming relationships with settlement agencies, integration workers, second language training programs and cultural associations can be the best avenue to promote the opportunities in your organization. Longer-term immigrants can serve as cultural bridges and provide leadership on the development of outreach strategies.

Individuals and organizations may also be willing to participate in task forces, brainstorming sessions, or to review policies and communications materials to ensure that the information is both clear and culturally responsive to diverse communities. Finally, translating promotional material into a range of languages will reflect positive practices and attitudes – signalling to people that you are serious about wanting their involvement and willing to put resources in place to ensure that your message is broadly understood.

CHECK-LIST FOR INTENTIONAL OUTREACH:

| IN OUR ORGANIZATION | / | NOTES |
|--|----------|-------|
| Relationships are established with settlement agencies, integration workers, second-language training programs, and cultural associations | | |
| Longer-term immigrants are engaged as leaders of outreach strategies | | |
| Organizations and individuals with personal or professional immigration experience are invited to participate on task forces and to review policies and communications materials | | |
| Material is translated into a range or languages | | |









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06. Resources and References

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A CULTURAL COMPETENCY LENS

The United Way of Windsor-Essex County developed *Building Bridges: A Guide for Making Volunteer Programs Accessible to Persons of Diverse Cultures with Various Levels of English Language Proficiency.* Using a cultural competency lens, an audit tool was created, based on the Canadian Code for Volunteer Involvement. This resource offers an audit tool that is aligned with the standards of practice in the <u>Code</u>.

NATIONAL SURVEY ON CITIZENSHIP

The Institute for Canadian Citizenship released the results of a national study on citizenship which confirmed public opinion that community involvement is considered to be part of being a good citizen along with openness, acceptance, and welcoming of diverse cultures.

"Three themes emerged from the survey that dispel many myths surrounding Canadians' beliefs on citizenship.

The first shows Canadians have a consistent definition of what it means to be a good citizen - being involved in the community and accepting those who are different are seen as very important parts of that definition.

Second, Canadians have a confident, comfortable attitude towards citizenship and its current legal requirements.

The third demonstrates that Canadians - regardless of whether they're Canadian or foreign-born - hold similar views, including the notion that someone born outside of Canada can be just as good a citizen as someone born in Canada."

— Institute for Canadian Citizenship, media release, February 2012











WEBSITES

GetVolunteering is a website that shows how to get the most out of life through community involvement. Learn how you can have an impact on your community for a chance to give back to your community, wherever you live in Canada.

At **Volunteer Canada** (**www.volunteer.ca**), we encourage all Canadians to get involved in their communities and we work with all types of organizations to engage today's volunteers. Our expertise is backed by original research, practical knowledge, and our unique network of insight, which includes a broad range of organizations, from individuals to local volunteer centres to national corporations with thousands of staff.

The Institute for Canadian Citizenship is a national, non-profit organization that engages Canadians in citizenship through innovative programs, campaigns and partnerships designed to ensure new citizens are welcomed and included as equals, create meaningful connections among all Canadian citizens, foster a culture of active, engaged citizens and celebrate what it means to be Canadian.

<u>GetInvolved</u> has partnered with Volunteer Canada and Manulife Financial to develop customized profiles that make it easier for volunteers and non-profits to make meaningful connections across Canada.

CharityVillage features the latest in non-profit news, jobs, information, tools and resources, and is Canada's leading online community for non-profit and like-minded professionals – connecting them to ideas, opportunities and each other.













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