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Newly unveiled research today from Canada's most comprehensive study on giving and volunteering confirms an increase of nearly one million volunteers nationally. The **2010 Canada Survey of Giving, Volunteering and Participating** also reveals that young Canadians, 15-24, have consistently participated in volunteering more than any other age group for over a decade.

In 2010, a force of 13.3 million Canadians over the age of 15 participated in volunteering, an increase of more than 800,000 since 2007. These Canadians contributed 2.1 billion total volunteer hours. However, average annual volunteer hours decreased to 156 in 2010 from 166 in 2007. According to Statistics Canada, "the number of hours volunteered varied from one hour to a few thousand hours."