



SOCIAL MEDIA CONTENT BANK

It's National Volunteer Week – Time to Celebrate This Country's Volunteers

Below you'll find suggested social media content you can use to celebrate volunteers this week. Feel free to adapt or customize the suggested posts to suit your needs and organization.

CONTENT	ACCOMPANYING GRAPHIC
<p>It's time to celebrate the many millions of volunteers across Canada! It's National Volunteer Week, please join @VolunteerCanada as we celebrate volunteers and all they do for our communities. #VolunteersBringChange #NVW2021</p>	<p>The Value of One, The Power of Many</p>
<p>Volunteer Canada celebrates the dedication and innovation of all Canadians who support and champion volunteering including volunteer centres, managers of volunteers, and community engagement professionals.</p> <p>This #NVW2021 we celebrate the collective impact of our volunteers and the sector with The Value of One, The Power of Many!</p>	<p>The Value of One, The Power of Many</p>
<p>National Volunteer Week (NVW) is a time to collectively cheer the individual and combined contributions that almost 13 million Canadian volunteers make all year round.</p> <p>#VolunteersBringChange #NVW2021</p>	<p>The Value of One, The Power of Many</p>
<p>Creativity, innovation #VolunteersBringChange</p> <p>In the arts, culture, science and more, volunteers inspire and instill a sense of wonder to spark conversation, push boundaries & experience joy.</p> <p>This #NVW2021, join us as we thank volunteers across the country! Tag one or tag many!</p>	<p>Volunteers Inspire Creativity</p>



<p>What does the "The Power of One. The Value of Many" mean to you? View the @VolunteerCanada campaign kit and:</p> <ul style="list-style-type: none"> -Share a social media image #VolunteersBringChange -Show us your illustration or colouring page -Create your own couplet <p>Amplify the important work of volunteers by bringing others into the conversation!</p> <p>Then tag one, or tag many and join the celebration!</p> <p>http://ow.ly/WBWG50DWlrF</p>	<p>Volunteers Inspire Creativity</p>
<p>Let's spend this special week making sure all Canadian volunteers get the applause and appreciation they deserve.</p> <p>This #NVW2021, take the time to thank a volunteer for all they do. Tag them on social media using #VolunteersBringChange</p> <p>Tag one or tag many!</p>	<p>Volunteers strengthen communities</p>
<p>The Value of One, The Power of Many: Volunteers strengthen communities.</p> <p>Share your stories on social media about how volunteers have impacted your life and your community.</p> <p>Tag one or tag many! @VolunteerCanada</p> <p>#VolunteersBringChange #NVW2021</p>	<p>Volunteers strengthen communities</p>
<p>The value of one person picking up groceries for another. The power of many people creating better home support services.</p> <p>Volunteers show care, compassion and create community. Share your story of a volunteer spreading human kindness. #VolunteersBringChange #NVW2021</p>	<p>Volunteers strengthen communities</p>



<p>The value of one person standing up to transphobia, the power of many people calling for the protection of gender diversity.</p> <p>Volunteers right wrongs #VolunteersBringChange</p> <p>Share your couplet and tag @VolunteerCanada</p> <p>The value of one _____.</p> <p>The power of many _____.</p>	<p>Volunteers right wrongs</p>
<p>The Value of One, The Power of Many - #VolunteersBringChange</p> <p>Advocacy, rights, justice. Volunteers right wrongs.</p> <p>Join us this #NVW2021 and say thank you for taking a stand.</p>	<p>Volunteers right wrongs</p>
<p>The value of one person calling another to check in, the power of many people working to prevent social isolation.</p> <p>Volunteers deliver comfort.</p> <p>Share what this year's theme means to you!</p> <p>The value of one _____.</p> <p>The power of many _____.</p>	<p>Volunteers deliver comfort</p>
<p>The value of one person picking up groceries for another The power of many people creating better home support services</p> <p>Volunteers deliver comfort.</p> <p>Food security, homelessness, isolation; #VolunteersBringChange</p> <p>This #NVW2021, join us as we thank volunteers who comfort so many</p>	<p>Volunteers deliver comfort</p>



<p>Canadians of all ages and backgrounds volunteer. Youth have the highest rate of volunteering while older adults volunteer the most hours. Volunteers of all ages have valuable skills to share!</p> <p>#VolunteersBringChange #NVW2021</p>	<p>Volunteers share skills</p>
<p>The value of one volunteer helping to teach, mentor, coach, tutor The power of many volunteering in literacy, learning and leading</p> <p>Share what this year's theme means to you!</p> <p>The value of one. The power of many.</p>	<p>Volunteers share skills</p>
<p>The Value of One, The Power of Many</p> <p>Each volunteer makes a valuable contribution. Collectively, Canada's volunteers have a powerful impact from coast-to-coast-to-coast.</p> <p>Share your stories on social media about how volunteers have impacted your life and your community.</p>	<p>Volunteers lead movements</p>
<p>The value of one person recycling. The power of many people working to increase and improve recycling services.</p> <p>Climate action, activism, changemakers; volunteers lead movements.</p> <p>Join us as we celebrate volunteers and 'The Value of One, The Power of Many'</p> <p>#VolunteersBringChange #NVW2021</p>	<p>Volunteers lead movements</p>
<p>The Value of One, The Power of Many: The past year has been challenging and volunteers have both stepped up and stepped back to keep our communities safe.</p> <p>We thank all volunteers for their commitment to others!</p>	<p>Volunteers keep us safe</p>



<p>Thank you to volunteers across Canada who have supported COVID vaccination clinics to help keep us safe and healthy.</p> <p>Volunteers keep us safe.</p> <p>This #NVW2021, take the time to thank a volunteer for all they do. Tag them on social media using #VolunteersBringChange</p>	<p>Volunteers keep us safe</p>
<p>An activity for volunteers of all ages! Get creative and show us what volunteering means to you! Don't forget to tag @VolunteerCanada!</p> <p>Then tag one, or tag many to invite others to share!</p> <p>#VolunteersBringChange #NVW2021</p>	<p>National Volunteer Week Colouring Page</p> <p>or</p> <p>National Volunteer Week Illustration Page</p>