



SOCIAL MEDIA CONTENT BANK

It's National Volunteer Week! Celebrate our country's volunteers!

Below you'll find suggested social media content you can use to celebrate volunteers this week. Feel free to adapt or customize the suggested posts to suit your needs and organization.

CONTENT	IMAGE SUGGESTIONS
Happy #NVW2022! Let's celebrate Canada's millions of volunteers whose empathy, compassion and generosity connect people to their communities, contributing to a more vibrant and inclusive Canada. #EmpathyInAction	<u>Volunteering is Empathy in Action</u>
Join @VolunteerCanada in celebrating Canada's volunteers from coast-to-coast-to-coast. Every year, millions of Canadians make a difference in their work and in their communities. #NVW2022 #VolunteersBringHeart	<u>Let's All Celebrate Canada's Volunteers</u>
Volunteering is #EmpathyInAction. Volunteers can be empathetic, but volunteering can also help us develop empathy - building our capacity to work collectively and contribute to a vibrant, inclusive society. How has volunteering impacted your life? Share your stories!	<u>Volunteers Bring Heart to Canada's Communities</u>
Volunteering is #EmpathyInAction! Let's celebrate the strong connection between volunteerism and empathy. This profoundly human connection is at the heart of healthier individuals and stronger communities. #VolunteersBringHeart to Canada's communities. #NVW2022	<u>Canada's Volunteers Connect Communities</u>
Canadians have dedicated approximately 5 billion hours to volunteer activities! That's something worth celebrating! #EmpathyInAction	<u>Let's All Celebrate Canada's Volunteers</u>



Empathy connects people in ideas and actions and helps create bonds forged in common goals and aspirations. Volunteering is #EmpathyInAction!	Volunteers Bring Heart to Canada's Communities
Take time during National Volunteer Week to celebrate, acknowledge and say thanks to the volunteers in your community and across the country.	Let's All Celebrate Canada's Volunteers
There are over 150 volunteer centres in Canada that foster volunteering and help build capacity across our communities. Thank you for supporting Canada's volunteers! #NVW2022	Volunteering is Empathy in Action
Shout out to all volunteers and all our leaders of volunteers! Volunteering is #EmpathyInAction and these relationships create caring and compassionate communities! #NVW2022	Canada's Volunteers Connect Communities
This #NVW2022 we celebrate the purpose-driven companies that encourage and support employee volunteering and giving back! #VolunteersBringHeart	Volunteering is Empathy in Action
We're celebrating #NVW2022 with @VolunteerCanada because we know that #VolunteersBringHeart to Canada's communities!	Let's All Celebrate Canada's Volunteers
I volunteer because [share your story]	Create your custom image
Through volunteering I have learned [share your story]	Create your custom image
I work with volunteers because [share your story]	Create your custom image
A volunteer has made an impact in my community by [share your story]	Create your custom image
Volunteering is #EmpathyInAction because [share your story]	Create your custom image